

Moors Valley 10k Run

Sunday 9th May 2010

Moors Valley Country Park

Horton road, Ashley Heath, Nr Ringwood

10am Junior 4k. Entry £5.00 (max150)

10.30am Senior 10k (17yrs & over) Entry £7.00 (max 350)

Car parking is payable at current rates and late entries £1 extra

Awards

1st three male / female each race

1st male / female vets over 40, 50, 60

Medals to all finishers

Organised By **DYMB** Registered Charity Number: 1049538

Please complete and send to:

Paul & Sue Webster, 21 Barnes Crescent, Wimborne, Dorset, BH21 2AY

Please Complete In Block Capitals.

Name: _____

Date of Birth _____

Address: _____

Age on Day _____

Male / Female (delete)

Senior / Junior (delete)

Tel: _____

Club / Unattached: _____

I enclose a cheque / postal order for £7.00 / £5.00 (delete) payable to 'D.Y.M.B' and a SAE for my race numbers.

I declare that I intend to run entirely at my own risk and confirm that the organisers shall not be liable for any accident, injury loss or damage as a consequence of my participation.

Signed: _____

Date: _____

Entries received after 03/05/10 can be collected on the day