

# Moors Valley 10k Run

Sunday 9<sup>th</sup> May 2010

Moors Valley Country Park

Horton road, Ashley Heath, Nr Ringwood

10am Junior 4k. Entry £5.00 (max150)

10.30am Senior 10k (17yrs & over) Entry £7.00 (max 350)

Car parking is payable at current rates and late entries £1 extra

## Awards

1<sup>st</sup> three male / female each race

1<sup>st</sup> male / female vets over 40, 50, 60

Medals to all finishers

Organised By **DYMB** Registered Charity Number: 1049538

Please complete and send to:

Paul & Sue Webster, 21 Barnes Crescent, Wimborne, Dorset, BH21 2AY

Please Complete In Block Capitals.

Name: \_\_\_\_\_

Date of Birth \_\_\_\_\_

Address: \_\_\_\_\_

Age on Day \_\_\_\_\_

\_\_\_\_\_

Male / Female (delete)

\_\_\_\_\_

Senior / Junior (delete)

Tel: \_\_\_\_\_

Club / Unattached: \_\_\_\_\_

I enclose a cheque / postal order for £7.00 / £5.00 (delete) payable to 'D.Y.M.B' and a SAE for my race numbers.

I declare that I intend to run entirely at my own risk and confirm that the organisers shall not be liable for any accident, injury loss or damage as a consequence of my participation.

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

Entries received after 03/05/10 can be collected on the day